



Run4Sam'19 Team Application

4 Mile Race ONLY

Sunday 8/18/19 @ Gring's Mill Park, Berks Co.
 Race time - 9:30 AM -- Registration – 8:00 AM

Team must be **pre-registered by 8/5/19** unless approved by Run4Sam at run4sam@comcast.net.
 Separate checks & application forms are accepted, **but must be submitted together.**

5 to 9 people may register as a team for a discount. Your team will receive coordinating armbands/headbands on race day.

Team members are also eligible for individual awards

\$16.00/runner if postmarked by 7/22/19; \$22.00/runner if received 7/23/19 until 8/5/19.

Team captain should report to registration by 9:00 AM to pick up your team's numbers, arm bands, and t-shirts.

For questions, contact us by email run4sam@comcast.net, or by phone.... Peggy Reed, race director (610)698-6165
 Checks payable to: Run4Sam, Inc 311 Sunshine Rd Reading, PA 19601

Team Name (be creative):			
Team Captain:			
Co-Captain:			
Team Member:		Date of Birth	Age Date of Race
1. Name:			
Address:			
		City	State Zip Code
Email: / Phone number		Shirt Size: S M L X-LG XXL	Gender: M or F
*Signature (I have read and accept the waiver** below: (If under 18, Legal Guardian must sign)			Date:
Team Member:		Date of Birth	Age Date of Race
2. Name:			
Address:			
		City	State Zip Code
Email: /Phone number		Shirt Size: S M L X-LG XXL	Gender: M or F
*Signature (I have read and accept the waiver** below: (If under 18, Legal Guardian must sign)			Date:
Team Member:		Date of Birth	Age Date of Race
3. Name:			
Address:			
		City	State Zip Code
Email: /Phone number		Shirt Size: S M L X-LG XXL	Gender: M or F
*Signature (I have read and accept the waiver** below: (If under 18, Legal Guardian must sign)			Date:

Team Member:		Date of Birth		Age Date of Race	
4. Name:					
Address:					
		City		State	Zip Code
Email: /Phone number		Shirt Size: S M L X-LG XXL		Gender: M or F	
*Signature (I have read and accept the waiver** below: (If under 18, Legal Guardian must sign)				Date:	

Team Member:		Date of Birth		Age Date of Race	
5. Name:					
Address:					
		City		State	Zip Code
Email: /Phone number		Shirt Size: S M L X-LG XXL		Gender: M or F	
*Signature (I have read and accept the waiver** below: (If under 18, Legal Guardian must sign)				Date:	

Team Member:		Date of Birth		Age Date of Race	
6. Name:					
Address:					
		City		State	Zip Code
Email: /Phone number		Shirt Size: S M L X-LG XXL		Gender: M or F	
*Signature (I have read and accept the waiver** below: (If under 18, Legal Guardian must sign)				Date:	

Team Member:		Date of Birth		Age Date of Race	
7. Name:					
Address:					
		City		State	Zip Code
Email: /Phone number		Shirt Size: S M L X-LG XXL		Gender: M or F	
*Signature (I have read and accept the waiver** below: (If under 18, Legal Guardian must sign)				Date:	

Team Members:		Date of Birth		Age Date of Race	
8. Name:					
Address:					
		City		State	Zip Code
Email: /Phone number		Shirt Size: S M L X-LG XXL		Gender: M or F	
*Signature (I have read and accept the waiver** below: (If under 18, Legal Guardian must sign)				Date:	

Team Members:		Date of Birth		Date:	
9. Name:					
Address:					
		City		State	Zip Code
Email: / Phone number		Shirt Size: S M L X-LG XXL		Gender: M or F	
*Signature (I have read and accept the waiver** below: (If under 18, Legal Guardian must sign)				Date:	

****Waiver:** I know that running a race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also assume any or all other risk associated with running or attending the race, including but not limited to falls, contact with other participants, the affects of the weather and the condition of the trail, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee. Thereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge Pretzel City Sports, Run4Sam, Inc, Berks Co, the race committee, volunteers, and all sponsors, including their agents, employees, assigns, or anyone acting on their behalf, or anyone else associated in any way with the race, from any or all claims or liability for death, personal injury or property damage of any kind of nature what so ever arising out of, or in the course of my participation in this event. This waiver extends to all claims of every kind or nature what so ever, foreseen, or unforeseen, known or unknown. By entering this race I am granting permission to all parties affiliated with the race to use any pictures or likeness of me secured at the event in any way they see fit without review, restriction or compensation.